

Engage sage

WINTER/ SPRING 2019

290 Broad Street, Summit, NJ 07901 908-273-5550 • www.sageeldercare.org

Dear Friends,



If you're reading this, we've accomplished our first and perhaps most important goal of SAGE's special

65th Birthday year – being worthy of your invaluable time. With countless competitors for attention, we don't take yours for granted. Thank you for caring about not only what but who SAGE cares about: older adults, families and caregivers.

Speaking of our goals and your caring – I'm pleased and grateful to report that SAGE supporters have been coming through to help bridge a budget gap and mitigate a deficit. Rising costs, increasing regulations and flat reimbursements are among the complexities and challenges of today's ever-changing health care environment. Due largely to charitable giving, we began 2019 with a balanced budget but also our work cut out for us to continue this momentum.

What better milestone than **SAGE's 65th Birthday** to share your time, talent and treasure with our mission on behalf of older community members! **Connect, Create, Contribute** – the theme announced by the Administration for Community Living for May's Older Americans Month – also captures the parts and whole of SAGE's story, 65 years strong.

SAGE connects – one person at a time. SAGE creates – meaning and opportunity for aging community members. SAGE contributes – care and quality of life for older individuals and families, economic value for society.

Here are some examples of how SAGE connects, creates and contributes: A SAGE HomeCare Aide serving a client living with dementia works with SAGE staff who ensure visits from our Meals on Wheels volunteers, who then coordinate with SAGE's Shopping and InfoCare team members who provide assistance and information. A family member, whose parent recently was diagnosed with Alzheimer's and participates in SAGE's Spend-A-Day Adult Day Medical Program, joins a SAGE Caregiver Support Group, attends a SAGE Community Education session and learns about SAGE's Medicare Counseling. A donor makes a gift in memory of a recently widowed friend's spouse and brings her friend to a SAGE Exercise class, visiting SAGE's Resale Shop and Furniture Restoration Workshop beforehand. A business executive learns about SAGE through a local organization and then brings a corporate team to volunteer.

Stay tuned, involved and engaged with SAGE throughout this special 65th Birthday year! **From our Beyond \$65k by 6/5 Challenge to our May 29th Annual Meeting and Awards to our November 7th Sapphire 65th Birthday Bash, we invite you to join us to celebrate, and to Connect, Create, Contribute.**

Light the candles, all 65 of them, and let the festivities begin!

Angela Sullivan
Executive Director

BEYOND \$65k BY 6/5 Challenge

**DONATE BY JUNE 5TH
TO SAGE'S 65TH BIRTHDAY
KICK-OFF CHALLENGE!**

Launching SAGE's 65th Birthday Year with extraordinary generosity, an amazing anonymous donor is **MATCHING DONATIONS TO SAGE BY 6/5/19**, after the first \$65,000 altogether donated, at a 1:2 level.

So, as an example: beyond an initial \$65,000 in donations, an additional \$100,000 in pledges and gifts to SAGE by 6/5/19 will result in a \$50,000 matching gift to SAGE!

The higher our donors can go Beyond \$65,000 by June 5th, the higher our generous donor's matching gift will reach!

Please make as generous a donation as you can today to support SAGE'S 65th Birthday Kick-Off Challenge.

**Help SAGE go
Beyond \$65k by 6/5!**

HELP SAGE GO BEYOND \$65k BY 6/5 • HELP SAGE GO BEYOND \$65k BY 6/5 • HELP SAGE GO BEYOND \$65k BY 6/5



Meals on Wheels volunteer Natalie Cahoon of Berkeley Heights and Mark Schnitzer of the Berkeley Heights Rescue Squad help ready meals for 2018 March for Meals.

MARCH FOR MEALS

This year SAGE will participate in the 17th annual March for Meals – a month-long nationwide initiative to celebrate the program and the isolated older adults it helps. We are inviting all community leaders, first responders, administrators and other community partners to deliver meals on any weekday during the month of March.

SAGE's Meals on Wheels is the oldest continuously run meal program in New Jersey. Last year we served more than 47,000 meals to 232 people in Union, Essex and Morris Counties. We appreciate people from the community coming out to be a "guest volunteer" for a day and to get a sense of the importance of the program.

"With the demand for Meals on Wheels increasing along with our country's senior population, we need to ensure that seniors are not forgotten," said Ellie Hollander, President and CEO of Meals on Wheels.

If you or your organization would like to participate on a weekday in March, please contact Marianne Kranz at 908-598-5514 or mkranz@sageeldercare.org.

GIVING WAYS

More SAGE donors are benefiting from tax advantages for those aged 70½ and older who make qualified charitable distributions from IRA accounts. If you have any questions, contact SAGE's development team at 908-598-5503 or visit www.sageeldercare.org/donate to learn more about ways of giving to SAGE.

"My husband, Mike, worked for J&J for many years so healthcare has always been close to our hearts. It gives me joy to be able to give back to SAGE by donating stock each year. We also have included SAGE in our wills. SAGE was such a help and support to Mike and me during his journey with Alzheimer's. Mike enjoyed going to Spend-A-Day, and I enjoyed a few hours for myself. The Alzheimer's support group was often my lifeline. SAGE's Furniture Restoration Workshop even helped us by finishing a cabinet Mike had been building."

- Kathy Tatlow

"The knowledge, care and dedication of staff inspired me to begin making a recurring monthly donation to SAGE which I continue years later. As an automatic process, this is an easy way for me to give. SAGE does phenomenal work and has a wonderful presence in the community."

- Terry Virgona



SAGE is grateful to the Nicholas J. and Anna K. Bouras Foundation for its support and recently welcomed Foundation President Bill Crane, pictured with SAGE Executive Director Angela Sullivan, for a visit. SAGE extends appreciation to all of our generous supporters!

In Memoriam

SAGE extends deepest condolences to family and friends mourning the passing of two esteemed community members:

Mary Ann Maher, whose twenty-six year career with SAGE included serving as Director of HomeCare and as a Spend-A-Day nurse, and Walter V. Shipley, who co-chaired, along with his beloved late wife and former SAGE president, Judith, SAGE's previous capital campaign.



To learn more about SAGE Eldercare, visit:
www.sageeldercare.org

The NJ Commission on Accreditation for Home Care recently renewed accreditation for SAGE HomeCare, a fitting launch to this 65th Birthday year for SAGE, a leader in home care services.

2019 BOARD OF TRUSTEES

SAGE is pleased to announce our 2019 Board of Trustees and Executive Officers:

Christopher J. Cotter, President

Cotter Strategies, LLC

Christine Gottesman, Esq., Vice President

Nukk-Freeman & Cerra, P.C.

Kathy Clingan, Secretary

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R. Bruce Johnson, Community Representative

Robert P. Lecky, Jr., Community Representative

Claire E. Toth, Point View Wealth Management, Inc.

Angela Sullivan, SAGE Executive Director

SAGE welcomes three new Trustees:



Aleksandar Francki, Ph.D., of Annandale, is Senior Director of Operational Efficiency & Community Engagement with Celgene Corporate Affairs. Since 2018, he has served as Senior Director of Community

Engagement for Celgene, developing partnerships with community groups, charitable organizations, and external stakeholders.



Leslie Hardin, of Summit, is Founder and Managing Partner of Prospect Capital Advisors in Summit. She works with private equity firms to advise on industry best practices as it pertains

to management strategy, operations, human capital, and investor matters.



Robert P. Lecky, Jr., of Morristown, has been a Meals on Wheels volunteer for two years. He has 34 years of experience in capital markets, finance and investment management, and nine years

of experience in business and risk consulting.

UPCOMING PROGRAMS



SAGE is excited to announce our spring slate of programs. In addition to the community education programs below, SAGE offers Caregiver and Bereavement Support Groups and Exercise Classes. To learn more, please visit www.sageeldercare.org. Unless noted, please call 908-598-5548 or email education@sageeldercare.org to register or for further information.

Tax Assistance

Thursdays through April 11, 9:00 am - 12:00 p.m. (by appt.)

Free tax counseling and preparation for middle and low income taxpayers, with special attention to those 60 and older. ***To schedule, please call 908-598-5509 (no walk-ins).**

The Statue of Liberty - All the Facts

Tuesday, March 19, 1:00 pm - 2:00 pm

Learn the fascinating history with author, photographer and lecturer Kevin Woyce. **\$5 per person.**

What Has Changed Since I Started Driving

Wednesday, March 20, 1:00 pm - 2:00 pm

TransOptions, Inc. will discuss all the changes that have taken place since you first got your license.

Evaluating Cognitive Decline and Going Forward From There

Monday, April 8, 1:00 pm - 2:00 pm

Dr. Michelle Papka will discuss what to look for as far as cognitive decline and how to talk to your loved ones about it.

Alzheimer's Assoc.: Effective Communications Strategies

Tuesday, April 23, 2:00 pm - 3:00 pm

Learn about the communication changes that take place throughout the course of the disease. ***To register, call 800-272-3900.**

Learn to Control Your Diabetes

Wednesday, April 24, May 1, 8, 15, 22, 29 2:00 pm - 3:30 pm

Six-week workshop covering risk factors, nutrition, identification, prevention, medications, and medical care. ***To register, call Jarmaine Williams at 732-955-8168.**

Veterans Assistance Program

Wednesday, May 1, 1:00 pm - 2:00 pm

Understand veterans benefits, including healthcare and the Veteran's Home Care VetAssist Program.

Alzheimer's Assoc.: Understanding Alzheimer's and Dementia

Thursday, May 16, 6:00 pm - 7:00 pm

Learn about the relationship between Alzheimer's disease and dementia. ***To register, call 800-272-3900.**

Alzheimer's Assoc.: Memory Loss, Dementia and Alzheimer's

Thursday, June 6, 2:00 pm - 3:00 pm

Learn how to find out if it is Alzheimer's disease, the benefits of early detection, and strategies to help address a diagnosis. ***To register, call 800-272-3900.**

Discover New Jersey State Parks

Tuesday, June 11, 1:00 pm - 2:00 pm

Join photographer and American history lecturer Kevin Woyce to learn about some of New Jersey's most exciting history, found in its parks, historic battlefields and abandoned forges. **\$5 per person.**



Celebrating *65 years* of Serving Our Community

290 Broad Street, Summit, NJ 07901

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SAGE ElderCare is a 501(c)(3) nonprofit organization. *Engage SAGE* is a publication for SAGE's friends and supporters.



Happy 65th Birthday
sage eldercare

Look inside to learn about
SAGE's **BEYOND \$65K BY 6/5
CHALLENGE MATCH**. All gifts
made by 6/5/19 after the first
\$65,000 will be matched by an
anonymous donor at a 1:2 level!

You'll also find SAGE's spring
program list...and more!

SAGE'S ANNUAL MEETING AND AWARDS

Wednesday, May 29, 2019

Celgene's J Conference Center
Grand Ballroom

Honorees include:

Cynthia Orsini
The Agnes N. Badgley Award

Christine Galiardo
*The Bob Abelson
Carry the Torch Award*

Kaitlyn Szot
Outstanding Youth Award

SAGE'S SAPPHIRE 65TH BIRTHDAY BASH

Thursday, November 7, 2019

Canoe Brook Country Club
6pm Cocktail Reception

7pm Dinner

Honorees include:

Kitty Hartman

PNC

SAGE Founders

For more information, please contact
Jean Finsen at 908-598-5504 or
jfinsen@sageeldercare.org.

Save the Dates!