

# 2017 Annual Report













#### **EXECUTIVE DIRECTOR'S MESSAGE**



In 2017 SAGE continued to be an important source of support and information for older adults in our community.

Through the

efforts of our committed staff and nearly 300 volunteers, SAGE remains a unique and important resource in this part of the state. And as the percentage of older adults grows, (from 15% of the total population in 2017 to 25% by 2060 according to the US Census Bureau) SAGE's role in the community will only become more and more vital.

In 2017 we continued to offer educational programs led by leading experts in the community as well as knowledgeable SAGE staff. Response to these programs was very positive especially for renowned specialists including Dr. Michelle Papka, Director of the Cognitive and Research Center of New Jersey and Dr. Matthew E. Barnas, Geriatric Psychiatrist and Director of New Jersey Memory and Behavioral Care. SAGE's programs are chosen to help older adults face the challenges of aging and to stay safe and live independently at home for as long as possible.

Support groups for adult and children caregivers as well as bereavement groups, led by a SAGE social worker, continue to be a much needed resource in the community. Our in house exercise programs, as well, remain popular with older adults

looking for ways to stay fit and active. The SAGE Spend-A-Day Medical Adult Day Program thrived in 2017 as caregivers looked for medically supervised day care for their loved ones in a safe and social setting. The HomeCare team continues to offer supportive assistance by licensed healthcare professionals to ensure activities of daily living are met while our Guidance, Planning and Support staff help navigate the overwhelming health care system and manage personalized geriatric care.

SHIP at SAGE provided confidential assistance and guidance to Medicare beneficiaries while Meals on Wheels delivered 43,071 healthy meals and a watchful eye to home bound individuals.

Financial support was garnered once again from SAGE's Furniture Restoration Workshop and the SAGE Resale Shop.

Throughout 2017, we assisted older adults in our community with the changing challenges they face as they age by offering valuable programs and support made possible through foundations, corporations, grants, neighbors, friends and our dedicated staff.

Angela Sulliin

Angela Sullivan SAGE Eldercare Executive Director

## 2017 AWARDS FOR OUTSTANDING SERVICE



Douglas Reed

Agnes N. Badgley Award was created in 1989 to recognize the invaluable contributions of an outstanding SAGE volunteer.



Marguerite Stewart

Bob Abelson Carry the Torch Award was created in 2014 to recognize an exceptional SAGE volunteer who continually demonstrates their commitment to the community-at-large.



PNC Bank

**Community Partner Award** 

was initiated in 1996 to honor local individuals or businesses that generously share their expertise in support of SAGE and older adults in our community.



Summit Luminary Fund

Good Neighbor Award

was initiated in 1996 to honor local organizations that generously share their resources in support of SAGE and older adults in our community.



Jeanne Cassamajor

Home Health Aide of the Year Award names the individual who is recognized for their continuous dedication and service to providing quality home care to SAGE clients.



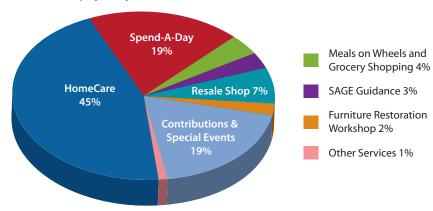
Mount Saint Mary Academy

Outstanding Youth of the Year Award was created in 2005 and acknowledges

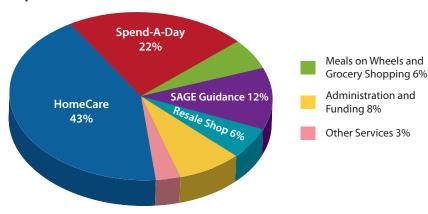
ongoing volunteer involvement by local youth who have committed their time and service to SAGE.

## SAGE 2017 FINANCIAL OVERVIEW

#### 2017 Revenue \$3,572,105



#### 2017 Expenses \$3,732,876



The charts are exclusive of depreciation expense and endowment contributions, income, and related expenses. The endowment is an investment fund established to support the organization's ongoing expenditures, capital purchases, or to fund specific projects and programs. As of December 31, 2016, SAGE's Endowment Fund balance was \$898,682.

### 2017 ACHIEVEMENTS

#### **Care Planning**

Served 76 older adults and their families and caregivers through personalized care planning

#### **Home Care**

57 certified home health aides and two registered nurses provided 70,447 hours of personal care to 153 clients

#### **InfoCare**

Free information, medical assessments, and social work support was provided to 729 individuals

#### Meals on Wheels

300 volunteers delivered 43,071 meals to 214 older adults

#### Spend-A-Day Adult Day Health Center

Provided 7,530 days of care for 130 clients, in addition to respite and support for their caregivers

#### **Support Services**

Grocery Shopping and Errand Services made 702 trips for 52 clients; Meals with Friends offered extended visits for 18 people; 425 people attended 45 events and workshops on senior health and caregiver education; 66 people attended 171 exercise classes programs; SHIP helped 2,234 people gain access to insurance and Medicare benefits through counseling and presentations

#### Also Offered

An array of caregiver, family, bereavement, and Alzheimer's caregiver support groups; an emergency food pantry; and full-range of volunteer opportunities that allow seniors to remain socially connected and cognitively stimulated as they provide valuable help to persons in need



Home Care  SAGE HomeCare  (Accredited by CAHC; RN-supervised certified home health aides personal care services)
Adult Day Program  Spend-A-Day Adult Day Health Center  (socialization, health monitoring, full activity calendar, nutritious meals, on-site therapy, daily exercise, transportation, beauty salon, financial assistance, Medicaid accepted, VA approved)
Care Planning Care Planning Services (Registered Nurses who specialize in geriatric care; a written summary is provided regarding care options and available resources after an assessment is conducted)
Meals on Wheels
Grocery Shopping Grocery Shopping and Errand Service
Information & Referrals InfoCare
Medicare Counseling SHIP of Union County (State Health Insurance Assistance Program)
Education and Support.908.598.5529Community Education.908.598.5548Exercise Classes.908.598.5548Support Groups (Alzheimer's, Bereavement, and Caregivers).908.598.5509
Shop SAGE  SAGE Resale Shop  31B Chatham Road, Summit, NJ
Help SAGE         Volunteers       .908.598.5514         Ways to Give       .908.598.5504

#### 2017 BOARD OF TRUSTEES

John C. Hoffman, President Community Representative

Kathy Clingan, Vice President Community Representative

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Susan C. Gieser, Esq., Treasurer Waters, McPherson, McNeill, PC

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Angela Sullivan
Executive Director

#### MISSION STATEMENT

SAGE Eldercare is a unique community resource that offers a comprehensive array of programs and services for older adults and caregivers, promoting independence and quality of life.

Every effort has been made to accurately include the names of donors for the 2017 fiscal year. If misspellings, omissions, or other errors have been made, please accept our apologies and call us at 908.598.5504 so that we may correct our records.



Because your home is a great place to age

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